



Patients with a Mitchell Mortality Score of >9 are generally hospice eligible.

Basic ADLs

Basic ADLs consist of self-care tasks, including:

- Personal hygiene and grooming
- Dressing and undressing
- Feeding oneself
- Functional transfers, e.g., getting out of bed
- Voluntarily controlling urinary and stool elimination
- Ambulation (walking or using a wheelchair)

Instrumental ADLs

Instrumental activities of daily living (IADLs) are not necessary for fundamental functioning, but they let an individual live independently in a community:

- Housework
- Meal preparation and clean-up
- Tracking medications
- Managing money
- Shopping for groceries or clothing
- Telephone use
- Using technology (as applicable)
- Care of others (including selecting and supervising caregivers)
- Care of pets
- Child rearing
- Use of communication devices
- Community mobility
- Financial management
- Health management and maintenance
- Safety procedures and emergency responses